

Annual Response Plan to Community Health Needs Assessment: 2019-2021

The 2019 Community Health Needs Assessment (conducted by Professional Research Consultants, Inc.) identified the following areas for health improvement in Douglas County:

Areas of Opportunity Identified Through This Assessment	
Access to Health Services	<ul style="list-style-type: none"> • Lack of Health Insurance (Children & Adults) • Primary Care Physician Ratio
Heart Disease & Stroke	<ul style="list-style-type: none"> • High Blood Cholesterol
Infant Health & Family Planning	<ul style="list-style-type: none"> • Low-Weight Births
Injury & Violence	<ul style="list-style-type: none"> • Unintentional Injury Deaths
Mental Health	<ul style="list-style-type: none"> • Suicide Deaths • <i>Mental Health ranked as a top concern in the Online Key Informant Survey.</i>
Nutrition, Physical Activity & Weight	<ul style="list-style-type: none"> • Low Food Access • <i>Nutrition, Physical Activity, & Weight ranked as a top concern in the Online Key Informant Survey.</i>
Substance Abuse	<ul style="list-style-type: none"> • Excessive Drinking • <i>Substance Abuse ranked as a top concern in the Online Key Informant Survey.</i>
Tobacco Use	<ul style="list-style-type: none"> • Cigarette Smoking Prevalence

In response to this Community Health Needs Assessment, CVMC included the following initiatives in its three-year strategic plan for 2020-2022.

- Enhancing cardiology services
- Expanding orthopedic services and access
- Expand access to primary care services through expanded hours and physician availability
- Implement a patient centered medical home model to include medical and holistic services including behavioral health, wellness, prevention, integrative models and disease management.
- Develop a women’s and children’s service line with community and regional partners.
- Develop a Cancer Center
- Recruit specialists to address community needs including: Primary Care, GI, Cardiology, ENT, Pediatrics, Gynecology, General Surgery, Hematology/Oncology.

- Expand community wellness programs to include a program for local employers, and a disease management program.

Specifically, actions taken to address the top three areas of need for the years 2019, 2020, and 2021 include:

Areas of Need	Opportunities	Actions Taken
Mental Health	<ul style="list-style-type: none"> • Suicide Deaths 	<p>2019: Opened CVMC outpatient behavioral health clinic, with 1614 visits in 2019.</p> <p>Continued support/partnership with Suicide Prevention Network.</p> <p>2020: CVMC continued to grow our outpatient behavioral health clinic, growing to 4253 visits in 2020. Our Vitality for Life behavioral health program for seniors had 4811 visits, a 2.25% increase from the prior year.</p> <p>Continued support/partnership with Suicide Prevention Network.</p> <p>2021: CVMC continued to grow our outpatient behavioral health clinic</p> <p>Continued support/partnership with Suicide Prevention Network.</p>
Nutrition, Physical Activity and Weight	<ul style="list-style-type: none"> • Low Food Access 	<p>2019: Continued free and discounted education sessions with CVMC Dietitian.</p> <p>Continued Weight loss support group.</p> <p>2020: Continued free and discounted education sessions</p>

		<p>with CVMC Dietitian. Included virtual cooking sessions and shopping tips from our healthcare experts.</p> <p>Continued Weight loss support group (limited in 2020 due to COVID-19).</p> <p>Support at monthly Food Closet distribution days.</p> <p>2021: Continued free and discounted education sessions with CVMC Dietitian.</p> <p>Continued Weight loss support group.</p> <p>Support at monthly Food Closet distribution days.</p>
<p>Substance Abuse</p>	<ul style="list-style-type: none"> Excessive Drinking 	<p>2019: Continued support/partnership with Partnership of Community Resources.</p> <p>2020: Continued support/partnership with Partnership of Community Resources.</p> <p>2021: Continued support/partnership with Partnership of Community Resources.</p>